

St. Louis Park Community Education presents

SAFETY AWARENESS

AMERICAN KENPO KARATE / SELF-DEFENSE

WINTER SESSION 2012

This Champion Youth program is designed to enhance self-esteem, self-discipline and safety awareness. Basic moves and combinations are taught for self-defense only. This is not the commonly found dance, acrobatic or sport type of martial art activity. The course emphasizes responsible citizenship, communication skills and drug avoidance. Self-discipline and defense, rather than aggressiveness, are promoted. The instructor is Norm Rolando - 8th degree Kenpo Karate Black Belt. Parents may participate at no extra cost. Come learn this valuable skill while having fun.



- 0 PRACTICAL SELF-DEFENSE
- 0 WELL STRUCTURED FORMAT
- 0 OTHER LOCATIONS AT NO EXTRA \$
- 0 NOT MOVIE MUMBO-JUMBO
- 0 WEEKLY SAFETY TOPICS

- 0 NO HIDDEN COSTS
- 0 AFFORDABLE AND FUN
- 0 CERTIFICATE OF RANK
- 0 NO TESTING FEE
- 0 FREE ANNUAL CAMP



SATURDAYS

JAN. 28, FEB. 4,11,18,25, MAR. 3,10,17, 2012

CENTRAL COMMUNITY CENTER, 6300 Walker St., St. Louis Park

New students ages 5-12	9:00-9:40	code Y501
Returning students	9:50-10:30	code Y502
Advanced students	10:40-11:20	code Y503
New students - teens	11:30-12:10	code Y504
Adult Am. Kenpo Karate	12:30-2:00	\$12 per month

FEE : \$48 (for children's 8 week class)



Wear loose clothing (uniforms are optional and available at class for \$30 each).
Fee assistance if needed may be possible for serious students.

For information about class content or other class locations call (763)427-0208. For other questions call (952)928-6425.
If you are enrolled in this program you may attend our other locations and the Annual Karate Camp at no extra charge.
Spring Session starts Mar. 2012.

Register in person or by mail: Central Comm. Youth Services Check payable to ISD #283
6300 Walker St.
St Louis Park, MN 55416-2373

Registration form for SAFETY AWARENESS/KENPO KARATE St. Louis Park Comm. Ed. (952)928-6777

Name: _____ Parent's Name: _____

Address: _____ City: _____ Zip: _____ School: _____

Phone: (eve) _____ (day) _____ (e-mail) _____

Age: _____ Class location: _____ Class Code: _____ Fee Enclosed: _____ Cash: _____ Check to ISD #283: _____

Master Card/Visa Card # _____ Exp. Date: _____ Signature of holder: _____

PERMISSION AND WAIVER

I hereby agree to allow my child to participate in the above named St. Louis Park Community Education youth activity. In consideration of accepting this registration, I hereby for myself and my heirs, waive any and all rights and claims for damages I may have against ISD #283 and its representatives, for any and all injuries from whatever cause suffered by the above participant in the indicated activity. In case of an emergency, the SLP Community Education staff has my permission to use their judgment with regard to treatment until I can be contacted.

Parent's/Guardians Signature and date _____