



St. Louis Park

# Community Resource Directory

WHERE TO FIND THINGS

EMERGENCY INFORMATION

EDUCATIONAL OPPORTUNITIES

AND MORE

The information in this book was gathered to help new residents find the services they need. Our committee has taken great care to ensure that the information in this booklet is accurate, but please understand that the services and contact information may change.

The League of Women Voters in cooperation with the St. Louis Park School District 283 made this handbook possible. Printing was funded by the St. Louis Park Family Services Collaborative.



St. Louis Park Public Schools

*Achieving success, one student at a time.*



LEAGUE OF  
WOMEN VOTERS  
*St. Louis Park*

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## Where to find information about:

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## I HAVE AN EMERGENCY

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Dial 9-1-1 for

- Police
- Sheriff
- Fire
- Ambulance

Call this number for a health emergency such as childbirth, an accident or a life-threatening situation such as a heart attack.

Don't be afraid to call the police. You can remain anonymous. If the dispatcher asks your name and you fear retaliation, you can simply tell the dispatcher that you would rather be anonymous that is OK.

If you smell gas in your home (or if your carbon monoxide detector goes off), call Centerpoint Emergency immediately – 612-372-5050.

### GOOD TO KNOW

If you live in a house, be sure that you have working detectors for smoke and carbon monoxide. If your smoke detector sounds because of burnt toast or other minor kitchen problems, open windows to air out the room.

If you live in an apartment, call 911 if the fire alarm is sounding or if you smell or see smoke or flames. Help will come even if you do not speak on the phone. If the building alarm sounds, immediately leave the building using the hallways or stairways. Don't use the elevator. If you have a cellular phone, take it outside with you and call 911, or ask a neighbor to call.

If you live in an apartment, do not open your apartment door or the entire building's fire alarm system may be activated. Open a window or turn on the exhaust fan to rid your apartment of smoke.



## I NEED HELP WITH MY CAR

St. Louis Park Emergency Program (STEP):  
**952-925-4899**

Discounted car repair is available to residents of St. Louis Park. Staff must approve the repairs.

St. Louis Park has many other service stations. Check the yellow pages or internet for “Auto Repair.”

### GOOD TO KNOW

If your car has been towed away, call the non-emergency police at 952-924-2618 to find out where it has been taken. If you own or drive a car in Minnesota you MUST have proof that you have insurance and identification in order to pick up your car.

For information about winter parking, please call the Winter Parking Hotline at 952-924-2180. Your car can be towed if you violate winter parking – please check and be on the safe side.



## I NEED HELP WITH CHILD CARE

**Kids' Place Child Care Programs:** 952-928-6777  
**Email:** [kidsplace@slpschools.org](mailto:kidsplace@slpschools.org)  
**Website:** [www.slpcommunityed.com/childcare](http://www.slpcommunityed.com/childcare)

Offers full-day child care for children age 6 weeks through age 6, and before and after school care for children in grades K-6. Full-day child care is also available for school-age children on most non-school days and during the summer.

**Greater Minneapolis Crisis Nursery:** 763-591-0100  
[www.crisisnursery.org](http://www.crisisnursery.org)

Very short-term care for infants and children 6 and under to help parents who are in crisis and unable to safely care for their child.

**Hennepin County Child Care Assistance:** 612-348-5937

Help may be available through the Child Care Assistance program, although there has been a waiting list that sometimes lasts two years.

**Minnesota Child Care Assistance Program (CCAP): 612-348-5937**

CCAP can help to make quality child care affordable for income-eligible families. All families will have a copayment based on their gross income and family size. Child Care Assistance is available to:

- Families participating in Minnesota Family Investment Program (MFIP)
- Families that had an MFIP case close within the last 12 months.
- Low-income families that may be eligible for the Basic Sliding Fee program.

The Child Care Assistance Program can help families pay child care costs for children up to age 12, and for children with special needs up to age 14. Child care costs may be paid for qualifying families while they go to work, look for work or attend school. To qualify for CCAP, families must comply with child support enforcement if applicable for all children in the family. Care must be provided by a legal child care provider over the age of 18. To fill out an application and find out if you qualify for any CCAP program, contact Hennepin County Child Care Assistance at 612-348-5937.

**GOOD TO KNOW**

Hennepin County Child Protection Guidelines for Supervising Children:

- Under Age 7** Under no circumstances can the child be left unattended.
- Ages 8 – 9** A child may be left unattended for up to 2 hours.
- Ages 10 – 13** A child may be left unattended for up to 12 hours.
- Ages 14 – 17** A child may be left unattended for up to 24 hours.

Children under the age of 11 may NOT babysit other children.

Anyone who is concerned about the possible abuse or neglect of a child should contact the Child Protection reporting line at 612-348-3552 or call 911. You can remain anonymous.

Hennepin County Curfews Enforced in St. Louis Park:

Kids have curfews in St. Louis Park. It’s not just to keep your kids out of trouble – it’s to protect them from becoming victims as well.

|              | <b>Weekdays</b> | <b>Fridays &amp; Saturdays</b> |
|--------------|-----------------|--------------------------------|
| Under Age 12 | Home by 9 PM    | Home by 10 PM                  |
| Ages 12 – 14 | Home by 10 PM   | Home by 11 PM                  |
| Ages 15 – 17 | Home by 11 PM   | Home by midnight               |



## I WANT TO KNOW WHERE I CAN BUY USED CLOTHING AND HOUSEHOLD ITEMS AT A BARGAIN PRICE

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### ARC Value Village Thrift Stores -

6528 Penn Avenue So., Minneapolis

612-861-9550

[www.arcsvaluevillage.org](http://www.arcsvaluevillage.org)

### Bethesda Thrift Shop

952-939-0988

4749 County Road 101, Minnetonka

[www.bethesdathriftshop.org](http://www.bethesdathriftshop.org)

### Good Will Store

952-935-2760 or 2761

1025 Hill St., Hopkins

[www.goodwilleasterseals.org](http://www.goodwilleasterseals.org)

### Once Upon a Child

952-922-6535

5021 Excelsior Blvd, St. Louis Park

[www.ouac.com](http://www.ouac.com)

### Opitz Outlet

952-929-8715

4320 Excelsior Blvd, St. Louis Park

[www.opitzoutlet.com](http://www.opitzoutlet.com)

### Plato's Closet

952-512-3647

12951 Ridgedale Drive, Minnetonka

[www.platoscloset.com](http://www.platoscloset.com)

### Rodeo Drive

952-920-0188

4110 Minnetonka Blvd, St. Louis Park

[www.rodeodriveconsign.com](http://www.rodeodriveconsign.com)

### Salvation Army Store

612-822-1200

3740 Nicollet Avenue, Minneapolis

[www.thesalarmy.org](http://www.thesalarmy.org)

### Second Debut Renewed Fashions

920-922-9640

433 West 36 ½ St., St. Louis Park

[www.seconddebut.org](http://www.seconddebut.org)

### Turnstyle Consignment Stores

612-455-4090

4420 Drew Avenue South

[www.turnstyleconsign.com](http://www.turnstyleconsign.com)



## I NEED HELP FINDING A DENTIST

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United Way First Call for Help: 651-291-0211

[www.unitedwaytwincities.org](http://www.unitedwaytwincities.org)

Call this number for dental referrals.



## TELL ME ABOUT EDUCATION FOR CHILDREN AND ADULTS

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St. Louis Park School District #283: 952-928-6000  
[www.slpschools.org](http://www.slpschools.org)

Aquila Elementary: 952-928-6502

Peter Hobart Elementary: 952-928-6600

Susan Lindgren Elementary: 952-928-6700

Park Spanish Immersion: 952-928-6759

Junior High: 952-928-6300

Senior High: 952-928-6100

### GOOD TO KNOW

Families need to register their children for school as soon as possible. Children who are age 5 by the first day of school can be in kindergarten. Parents need to bring the birth certificate, social security card, proof of residence, and proof of immunization with them when registering a kindergartener.

Children entering school must be immunized against red measles, German measles, mumps, diphtheria, pertussis, hepatitis B, tetanus and polio. If your child needs shots for school, Central Clinic is a free clinic for all St. Louis Park youth. Call 952-993-1100 for an appointment.

School attendance is closely monitored to ensure that all children are receiving an education. If your child cannot attend school because of illness or other emergency, a parent or guardian must contact the school as soon as possible.

Breakfasts and lunches are available in each school. Free and reduced price meals are available to students from low-income families. Schools are required by law to reasonably provide translators and translated materials to non-English speaking families.

**Community Education:** 952-928-6442

[www.slpcommunityed.com](http://www.slpcommunityed.com)

Classes are offered about computers, parenting, cooking, hobbies and many other subjects in our senior citizen and adult enrichment programs.

**Early Childhood Family Education (ECFE):** 952-928-6763

Programs for infants for all families with children between the ages of birth to kindergarten entrance. ECFE's goal is to enhance the ability of all parents to provide the best possible environment for their child's learning and growth.

**Pre-Kindergarten Programs:** 952-928-6784

Learning readiness programs to help prepare children for school success.

**Summer School:** 952-928-6325

Recreational and academic summer programs. A catalog for PreKindergarten through 12th grade is mailed out in March for summer programs.

**Adult Options in Education:** 952-988-5343 or [www.adultoptions.org](http://www.adultoptions.org)

English as a Second Language (ESL), General Equivalency Diploma Program (GED) and Adult Basic Education

Adults who would like to learn English can receive information or register for classes by calling the number shown above. Adult Options in Education offers free local classes including seven levels of English as a Second Language. They also offer brush-up of reading, writing, or math skills; a family learning program (transportation and childcare provided); and job readiness. GED is a program that enables a student to earn the equivalent of a high school diploma.

**St. Louis Park Senior Program:** 952-928-6444

Lenox Community Center, 6715 Minnetonka Blvd.

[www.stlouispark.org/senior\\_programs](http://www.stlouispark.org/senior_programs)

Educational and recreational programs for individuals over the age of 55

**The International Institute of Minnesota:** 651-647-0191 or [www.iimn.org](http://www.iimn.org)

This institute offers an intensive, six-week orientation to teach day-to-day life skills in the United States. It focuses on basic English, home safety, medical care, 911 emergencies, calendars and time, money, telephone skills,

shopping, riding the bus and employment skills. It offers referrals to English programs and prospective employers.

## GOOD TO KNOW

Early childhood screening is a free service provided to all children ages 3 and up. It is recommended that children are screened at age 3.

All children must be screened before entering kindergarten. Screening includes height, weight, vision test, hearing test and development games. All 3 year olds should be screened. Please call 952-928-6726 to schedule an appointment.

Community Education catalogs are mailed to all St. Louis Park residents in December, March and August.



## I NEED HELP WITH FAMILY PLANNING

**Centro de Salud (El Zocolo):** 612-874-1420  
1915 Chicago Ave South, Minneapolis  
[www.centromn.org](http://www.centromn.org)

Family planning and testing, sexually transmitted disease (STD) testing, OB/GYN care, prenatal care and well-child care. All services are offered on a sliding-scale basis and serve clients who are uninsured. (Spanish and English are spoken, but speakers of other languages are welcome.)

**Planned Parenthood:** 612-823-6300

1200 Lagoon Avenue, Minneapolis

[www.plannedparenthood.com](http://www.plannedparenthood.com)

**Southeast Asian Health Services:** 651-222-2889

421 North Dale St. # B, St. Paul

English, Chinese, Hmong Lao, Vietnamese and Kmer are welcome.



## I NEED HELP FOR MY FAMILY

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**Centro Cultural Chicano:** 612-874-1412  
1915 Chicago Avenue, Minneapolis  
[www.centromn.org](http://www.centromn.org)

All types of social service: assistance in Spanish language, ESL classes, translation assistance, housing, and childcare

**Chicanos Latinos Unidos En Servicios:** 612-746-3500

720 East Lake Street Minneapolis [www.clues.org](http://www.clues.org)  
Minnesota's premier provider of behavioral health and human services to the Latino community. All types of social service assistance in Spanish

**Confederation of Somali Community in Minnesota:** 612-338-5282

4225 20th Ave So., Minneapolis [www.cscmn.org](http://www.cscmn.org)  
Provides services to Somali refugees and immigrants. Programs include job referral, ESL classes, health care information and cultural and community festivals

**Greater Twin Cities United Way:** 612-340-7400 (211 for information)

404 South 8th Street [www.unitedwaytwincities.org](http://www.unitedwaytwincities.org)  
Maintains a directory of services, providers and answers multilingual calls 24 hours a day. This is a connection to human services in a great many areas

**Jewish Family and Children's Service:** 952-546-0616

13100 Wayzata Blvd #400, Minnetonka [www.jfcsmpls.org](http://www.jfcsmpls.org)  
Offers variety of services for all ages

**Meadowbrook Collaborative:** 952-935-9239 [www.slpschools.org](http://www.slpschools.org)

Offers health, education and safety programming and resources to residents of the Meadowbrook Manor Apartments

**MinnesotaHelp.info:** [www.minnesotahelp.info](http://www.minnesotahelp.info)

A comprehensive database of local community resources

**Perspectives, Inc.:** 952-926-2600 [www.perspectives-family.org](http://www.perspectives-family.org)

Offers after school programs, supportive housing and services, Parenting Time Services, Summer basketball league and referral services

**Relate Counseling Center:** 952-932-7277

Child through adult counseling, mental health, chemical dependency treatment is provided on a sliding scale

**Ridgedale YMCA:** 952-544-7708

12301 Ridgedale Drive, Minnetonka

[www.ymcatwincities.org](http://www.ymcatwincities.org)

Special programs for all ages

**Russian First Call for Help:** 952-546-0616

[www.jfcsmpls.org](http://www.jfcsmpls.org)

Russian language information and referral service for housing, finance, health, and public services

**Senior LinkAge Line:** 1-800-333-2433

Assists older adults and their families to locate community services

**Somalian Women's Association:** 952-996-0267

7901 Flying Cloud Drive, Eden Prairie

Employment services, health education and other services

**St. David's Child Development & Family Services:** 952-939-0396

[www.stdavids.net](http://www.stdavids.net)

Parent education, counseling, family activities

**St. Louis Park School #283 Family Educational Services**

**Kid's Place:** 952-928-6777

Many types of pre-school care and before and after school care for school age children

**Teens Alone:** 952-988-8336

[www.teensalone.org](http://www.teensalone.org)

Teens Alone provides free and confidential counseling and crisis services year round to youth and parents in the western suburbs

**The Bridge:** 612-377-8800

[www.bridgeforyouth.org](http://www.bridgeforyouth.org)

The Bridge for Youth provides emergency shelter beds for short-term stays allowing youth and their family to get a break from the conflict and time to reflect. Also offers walk-in counseling at no charge for youth and parents at 1111 West 22nd Street (corner of 22nd St. and Emerson Ave.) in South Minneapolis

**The Storefront Group** (formerly Pyramid): 612-861-1675

Similar range of services to Relate Counseling Center

**Washburn Child Guidance Center:** 612-871-1454

Call for help with mental health problems, chemical dependence and developmental issues.



## I NEED EMERGENCY SERVICES

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### St. Louis Park Emergency Program (STEP):

6812 W. Lake Street

952-925-4899

[www.stepslp.org](http://www.stepslp.org)

Emergency services include food shelf, clothing closet, school supplies, transportation and financial assistance for rent, mortgage or utilities

### Minnesota Family Investment Program (MFIP): 612-595-1300

Economic Assistance Outreach

Temporary help is available to adults and families with children in need of food, food stamps, clothing and shelter. You must apply in person for monthly income, food stamps and /or medical assistance. Bring along any of the following paperwork: birth certificate, bank statements, social security number, and documents proving property ownership.

### Fare-4-All: 763-450-3880

Offers quality affordable grocery packages each month with no income restrictions. Food may be purchased at Lenox Community Center on the first Tuesday of each month between 4 and 6 p.m. Participants are encouraged to volunteer 2 hours each month.

### Women, Infants and Children (WIC): 612-348-6100

Health and nutrition assessment, free vouchers for quality food and referrals for many health and social services for pregnant and breast feeding women, infants and children up to 5 years of age.

### Mothers And Children (MAC): 651-484-8241

Nutritious, balanced monthly food package for children five years of age and women who have a baby from 6 months to one year, but not breast feeding. MAC offers an extension to services offered by WIC.

### Nutrition Assistance Programs For Seniors (NAPS): 651-484-8241

Nutritious, balanced monthly food package for men and women over 60 years of age who meet a low income requirement.

## GOOD TO KNOW

Many local churches and synagogues offer help in a time of need. Call or visit a church or synagogue near you.



## I WANT TO FIND WAYS FOR MY FAMILY TO HAVE FUN

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**St Louis Park Community Education:**

952-928-6777

[www.slpcommunityed.com](http://www.slpcommunityed.com)

**Parks and Recreation:** 952-924-2540 or [www.stlouispark.org](http://www.stlouispark.org)  
Basketball, volleyball, softball, touch football are offered

**Westwood Nature Center:** 952-924-2544 or [www.stlouispark.org](http://www.stlouispark.org)

**YMCA – Ridgedale Branch:** 952-544-7708 or [www.ymcatwincities.org](http://www.ymcatwincities.org)  
Recreation, physical fitness, and camps

**YES Kids:** 952-938-1121

After school programs, teen and family events. Program based at Knollwood Christian Church



## I HAVE A QUESTION ABOUT GARBAGE COLLECTION AND RECYCLING

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Contact **Waste Management** at 763-783-5423 or [www.wmtwincities.com](http://www.wmtwincities.com) for garbage collection if you live in a house or duplex.

Talk to your caretaker or apartment manager if you live in an apartment building. **DO NOT** leave large unwanted items such as furniture and appliances in the yard.

If you live in a house, bags of garbage must be placed inside a garbage cart for collection at the curb or alley where collectors can access them. If you live in an apartment, place your garbage in plastic bags, tie tightly and deposit in the dumpster or where your landlord instructs you to place garbage. Garbage, recycling and yard waste are collected on the same day each week.

Contact Eureka Recycling at 651-222-SORT (7678) or [www.eureka recycling.org](http://www.eureka recycling.org) for curbside recycling. Containers are provided by the City of St. Louis Park for recycling cans, glass, paper and plastic. Place paper in one container and glass, cans and plastic in another container.



## I NEED TO BUY GROCERIES NEAR ST. LOUIS PARK

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**Aldi's:** 1111 Cedar Lake Road  
No phone. Bring 25 cents for shopping cart

**Almsted's Supervalu:** 952-545-1894 2326 Louisiana Ave. So.

**Byerly's:** 952-929-2100 3777 Park Center Blvd

**Cub Foods:** 952- 938-5959 3620 Texas Avenue South

**Fishman's Kosher Market:** 952-926-5611 4100 Minnetonka Blvd.

**Rainbow Foods:** 952-546-1665 5370 16th St. W.

**Target:** 952-935-8855 3601 South Highway 100  
952-852-0296 8900 Highway 7

**Trader Joe's:** 952-285-1053 4500 Excelsior Blvd.

**Whole Foods:** 612-927-8141 3060 Excelsior Blvd

### MEMBERSHIP REQUIRED:

**Costco:** 763-582-9603 5801 West 16th Street

**Sam's Club:** 952-929-9158 3745 Louisiana Avenue



## I NEED FOOD ASSISTANCE

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### St. Louis Park Emergency Program (STEP):

952-925-4899  
6812 West Lake Street

Food shelf which includes Kosher foods. STEP also has rides for medical or school appointments and gas vouchers and bus passes. It has gently used clothing for children and adults and is the official site for Coats for Kids. STEP also helps with school supplies.

### Inter-Congregational Community Assistance (ICA): 952-938-0729

12990 St. David Road, Minnetonka

A food shelf, emergency financial assistance and transportation for people over 55 years old.

**Fare-4-All:** 763-450-3880

Lenox Community Center, 6715 Minnetonka Blvd.

This program is available to everybody regardless of income. For \$17 a family gets fruits and vegetables. First Tuesday of the month, 4 - 6 p.m.



## I NEED HELP FINDING HEALTH INSURANCE

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**Hennepin County:** 612-596-1300

[www.hennepin.us](http://www.hennepin.us) (Search “Medical Assistance”)

Automated system available in several languages.

Three medical programs are available through Hennepin County; Medical Assistance, General Assistance Medical Care, and Refugee Medical Care. A fourth program, MinnesotaCare, is available through the State of Minnesota.

**Medical Assistance (MA):** A federal assistance program that helps pay for the medical care and nursing home care of persons who cannot pay for their care; who meet specific income, asset and property guidelines; and who fall into one of the following categories of eligibility:

- under age 21 or age 65 and over, or
- disabled, or
- blind, or
- pregnant, or
- parents or caretakers of a child under age 19 (in some circumstances).

**General Assistance Medical Care (GAMC):** A state assistance program that helps pay for the medical care of persons who cannot pay for their care; who meet specific income, asset and property guidelines; and who are not in one of the categories of eligibility for MA outlined above. GAMC does not cover nursing home care. Persons may be eligible only for GAMC or they may also be eligible for a cash assistance program and/or Food Stamps. Those who receive General Assistance (GA) will, with a few exceptions, also receive GAMC.

**Refugee Medical Assistance (RMA):** A federal assistance program providing MA to refugees who have been in the United States for eight months or less; who meet specific income, asset and property guidelines; and who are not in one of the categories of eligibility for MA outlined above. (Refugees

who are eligible for Medical Assistance are served through that program). Refugees receiving Refugee Cash Assistance (RCA) are automatically eligible for RMA if they are not already MA eligible.

Hennepin County recipients of MA and GAMC choose a Health Maintenance Organization (HMO) from which they receive all their health care services. Participation is mandatory for most MA and GAMC recipients. Clients under 65 who are certified disabled are exempt, as are a few other specific groups. The state uses MA and GAMC funds to pay the monthly premiums to the HMOs for our clients.

**MinnesotaCare:** 651-297-3862, 612-596-1300, or 1-800-657-3672

A state-subsidized, low cost insurance program that helps pay for basic medical, dental, and preventive care. It is for uninsured residents of Minnesota who meet specific income, asset and property guidelines.



## I NEED HELP FINDING AFFORDABLE HOUSING

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**St. Louis Park Emergency Services (STEP):**

952-925-4899

6812 W. Lake Street

[www.stepslp.org](http://www.stepslp.org)

**Financial Assistance:** A social worker will be happy to discuss your housing circumstances with you.

**Community Action Partnership for Suburban Hennepin:** 952-933-9639  
[www.capsh.org](http://www.capsh.org)

Services to individuals through outreach, energy assistance programs, homeownership services and financial counseling, including home buying and foreclosure prevention classes

**St. Louis Park Housing Authority:** 952-924-2514

[www.stlouispark.org/housing-authority.com](http://www.stlouispark.org/housing-authority.com)

Information about subsidized housing (Section 8) and other available housing updated weekly.

**HousingLink:** 612-522-2500

[www.housinglink.org](http://www.housinglink.org)

Affordable rental housing information for the Twin Cities & selected regions of Minnesota.



## I NEED IMMIGRATION AND CITIZENSHIP INFORMATION

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**Adult Options in Education:** 952-988-5343  
[www.adultoptions.org](http://www.adultoptions.org)

English as a Second Language (ESL), General Equivalency Diploma Program (GED) and Adult Basic Education (ABE).

Adults who would like to learn English can receive information or register for classes by calling the number shown above. Adult Options in Education offers free local classes including seven levels of English as a Second Language. They also offer brush-up of reading, writing, or math skills; a family learning program (transportation and childcare provided); and job readiness. GED is a program that enables a student to earn the equivalent of a high school diploma.

**U.S. Citizenship & Immigration Services:** 1-800-375-5283  
[www.infopass.uscis.gov/](http://www.infopass.uscis.gov/)

Use InfoPass online to make an appointment with an immigration officer at the district office in Bloomington.

**Mexican Consulate in St. Paul:** 651-772-4084  
797 East 7th Street, St. Paul  
Consulado de Mexico en Saint Paul. Proteccion y Emergencias: 651-772-4417



## I NEED A JOB

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**Hennepin County Library St. Louis Park:** 952-847-6125 [www.hclib.org](http://www.hclib.org)  
*Click on Jobs & Careers.* Website includes databases with job listings and links to other resources for job seekers.

**Hennepin County Info:** 612-596-1300 [www.hennepin.us](http://www.hennepin.us)  
Apply for employment assistance.

**Jewish Vocational Service:** 952-591-0300 [www.jvsmn.org](http://www.jvsmn.org)  
Training and job search assistance.

**Minnesota Department of Human Services (DHS):** 651-431-2000  
[www.dhs.state.mn.us](http://www.dhs.state.mn.us) (*Search Economic Supports*)

The Minnesota Department of Human Services, is the state's welfare reform program for low-income families with children. DHS helps families move to work and focuses on helping families. It includes both cash and food assistance. When most families first apply for cash assistance, they will participate in the Diversionary Work Program, or DWP. This is a four month program that helps parents go immediately to work rather than receive welfare.

**Minnesota Workforce Centers (WFCs):** 952-346-4000

Hennepin South Location, 4220 Old Shakopee Road, Bloomington  
Bloomington, MN 55437 [www.mnwfc.org](http://www.mnwfc.org)  
WFCs provide the tools, resources and services needed for job search, career planning and training needs.

**Women in Transition:** 612-752-8444

6715 Minnetonka Blvd., Suite 212 [www.resource-mn.org](http://www.resource-mn.org)  
*Employment Action Center located at Lenox Community Center*

This career center offers supportive, small-group workshops. Highly interactive sessions are open to all women regardless of work experience, education or income level. Services are provided on a very reasonable sliding fee scale but no woman is turned away for inability to pay.



## I NEED LEGAL OR FINANCIAL ADVICE

**Legal Aid Society of Hennepin County:** 612-334-5970  
[www.mnlegalservices.org](http://www.mnlegalservices.org)

Provides free legal assistance in many types of legal cases including housing law, government benefits, family, immigration, employment, tax, seniors, youth, consumer and disability law for low income residents. (Russian, Hmong, Somali and Spanish interpreters are on staff and other interpreters also available.)

**Community Action Partnership of Suburban Hennepin (CAPSH):**

952-933-9639 or [www.capsh.org](http://www.capsh.org)

Budget counseling, energy assistance, HUD counseling and housing rehabilitation

**Consumer Credit Counseling or Family Means:** 651-439-4840

[www.familymeans.org](http://www.familymeans.org)

Provides an array of counseling, education, mental health therapy and support.

**Lutheran Social Services:** 1-888-577-2227 or [www.lssmn.org](http://www.lssmn.org)

Budget counseling, debt and credit help, financial education and bankruptcy services.



## I NEED TO FIND A LIBRARY

**St. Louis Park Community Library:** 952-929-8108

3240 Library Lane

[www.hclib.org](http://www.hclib.org)

All types of books, maps, DVDs, music CDs and books on CDs may be checked out for short time use. This library offers materials in the Russian and Spanish languages and is part of the Hennepin County Library System. Computers are available for use by the public.

**Free K-12 homework help from the Library:** 952-847-5669



## I NEED A LICENSE

**Hennepin County Service Centers:** 612-348-8240

[www.hennepin.us](http://www.hennepin.us)

Ridgedale Service Center

12601 Ridgedale Drive

Mnettonka, MN 55343

Southdale Service Center

7009 York Avenue

Edina, MN 55435

## GOOD TO KNOW

A recording gives information about how to obtain all types of licenses (driving, marriage, passports, etc.) Hunting and fishing licenses are available at some sporting goods stores, bait shops or hardware stores.

**AAA Minneapolis:** 952-927-2696

5400 Auto Club Way, St. Louis Park

[www.aaa@minneapolis.com](mailto:www.aaa@minneapolis.com) (Click on license section)



## I NEED TO MAIL A LETTER OR PACKAGE

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**United States Post Office:** 1-800-275-8777  
(Information in Spanish or English)

St. Louis Park post offices are located at:

**SLP Branch** (952-285-5372)

**Elmwood Station** (952-922-9104)

2700 Louisiana Ave. So. 55426

5100 W. 36th Street 55416



## I NEED MEDICAL HELP

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**Creekside Park Nicollet Clinic:** 952-993-7700

A full range of medical services, language interpretation and help in filling out forms is available.

**Central Clinic:** 952-993-1100 [www.slpschools.org/central\\_clinic.html](http://www.slpschools.org/central_clinic.html)  
Free medical care is available for infants and youth through age 18 on Tuesday and Wednesdays between the hours of 1:00 and 4:30 p.m. during the school year. Parental consent required except for sexual health. The clinic is located in room 228 at the Central Community Center. Call for further information.

**Melrose Institute, Park Nicollet:** 952-993-6200

Treatment for eating disorders.

**Minnesota Health Care (MA, Medicaid):** 651-431-2670

[www.dhs.state.mn.us](http://www.dhs.state.mn.us)

**Minnesota Care:** 651-297-3862

[www.dhs.state.mn.us](http://www.dhs.state.mn.us)

**Methodist Hospital:** 952-993-5000

A full range of medical services including emergency services is offered. Interpreter services are available.

**Park Nicollet Medical Clinic:** 952-993-3123

Offers a complete range of medical services including care for families, adults, women and children. If you need help quickly, but the situation is not life-threatening, you can go to Urgent Care (952-993-1000) at Park Nicollet Medical Clinic which is open Monday through Friday from 8:00 a.m. to 8:00 p.m. and Saturdays, Sundays, and holidays from 8:00 a.m. to

5:00 p.m. Interpreter services are available. No appointment is needed, but you wait your turn when you arrive. If you use the Urgent Care services, check in when you arrive and pay your insurance co-payment. You can use this clinic even if you do not have insurance, but you will be expected to pay for the care you receive. A drivers license or personal ID is required.

**Immunizations:** No Shots, No School: 952-993-7266

**St. Mary's Clinic:** 651-287-7777

Eligible patients will be assigned to a primary care clinic. Free health care is available for people who do not have other coverage. Call for eligibility information and to schedule an appointment.

## GOOD TO KNOW

Emergencies! Call 911 if you or your family member needs medical help immediately for childbirth, an accident, or a life-threatening situation such as a heart attack! A rescue squad will come to your home and may take the person to the hospital.

Dental services can be found in the business pages of the telephone book.



## I HAVE A QUESTION ABOUT MY RIGHTS

**St. Louis Park Human Rights Commission:**

952-924-2184

[www.stlouispark.org](http://www.stlouispark.org)

Advises the City Council on how to ensure equal opportunity and participation in housing, employment, public service, public accommodations and education. Provides referrals to agencies that can assist you in understanding your rights. Meetings are held on the third Tuesday of each month at 7 p.m.

**Minnesota Department of Human Rights (MDHR):** 651-296-5663

[www.humanrights.state.mn.us](http://www.humanrights.state.mn.us)

MDHR is a neutral state agency that investigates charges of illegal discrimination, ensures that businesses seeking state contracts are in compliance with equal opportunity requirements, and strives to eliminate discrimination by educating Minnesotans about their rights and responsibilities under the state Human Rights Act.



## I HAVE A QUESTION ABOUT MY RIGHTS AS A RENTER

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**Minnesota Tenants Union:** 612-874-5733

Helps tenants with landlord problems.

**HOME Line:** 612-728-5767

Legal Advice on leases, security deposits back, repair problems, eviction or other renter-related questions.

**Mid-Minnesota Legal Assistance/Legal Aid Society of Minneapolis:**

612-334-5970

[www.legalhelpmn.org](http://www.legalhelpmn.org) and [www.midmnlegal.org](http://www.midmnlegal.org)

Legal assistance in housing cases including evictions, repairs, Section 8, public housing, etc.

**Minnesota Attorney General:** 651-296-6196

[www.ag.state.mn.us/office/agbio.asp](http://www.ag.state.mn.us/office/agbio.asp) (*use Consumer link*)

A landlord/tenant handbook is available.

**Community Legal Education Project:** 612-588-2099

Publishes fact sheets on housing issues, apartment search, repairs, etc.

**Housing Link** - 612-522-2500

[www.housinglink.org](http://www.housinglink.org)

Search for rental property.

### GOOD TO KNOW

Bring building problems to the attention of the building caretaker or manager. If the problem is not corrected, call the St. Louis Park Inspections Department at 952-924-2682 about broken windows, insect infestation, lack of heat or water, electrical problems or inoperable smoke detectors.



## I NEED HELP WITH TAXES

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**Minnesota Department of Revenue:** 651-296-3781 or [www.taxes.state.mn.us](http://www.taxes.state.mn.us)  
For answers to your tax questions

**Lenox Community Center:** 952-928-6418      6715 Minnetonka Blvd  
AARP trained volunteers assist seniors, low income or disabled persons with their taxes from February-April 15 of each year. Individuals are taken on a first-come-first-serve basis.



## I NEED HELP WITH TRANSLATION OR INTERPRETING

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Cambodian – **United Cambodian Association of MN:** 651-222-3299 or [www.ucamin.org](http://www.ucamin.org)

German – **German American Institute:** 651-222-7027

Hebrew – **Jewish Family and Children's Service:** 952-546-0616  
[www.jfcsmpls.org](http://www.jfcsmpls.org)

Laotian – **Lao Assistance Center:** 612-374-4967

Polish - **Polish American Cultural Institute:** 612-378-9291  
[www.pacim.org](http://www.pacim.org)

Russian – **Jewish Family and Children's Service:** 952-546-0616  
[www.jfcsmpls.org](http://www.jfcsmpls.org)

Somali - **Conferadion of Somali Community in Minnesota (CSCM):** 612-338-5282      [www.cscmn.org](http://www.cscmn.org)

Translators for the Amharic, Hmong, Hindi, Spanish, Vietnamese and Somali languages are also available from private companies that advertise in the Yellow Pages Directory

## GOOD TO KNOW

The School District and City of St. Louis Park have access to interpretive services.



## I NEED TRANSPORTATION

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**STEP Transportation Hotline:** 952-297-5235, Ext. 21  
[www.stepslp.org](http://www.stepslp.org)

Rides to medical or dental appointments for people who have registered at least three days ahead of time.

**Metro Mobility:** 651-602-1111 [www.metromobility.org](http://www.metromobility.org)  
Transportation service for people with disabilities who have applied ahead of time, which includes a doctor's form being completed.

**Metropolitan Transit Commission (MTC):** 612-373-3333  
[www.metrotransit.org](http://www.metrotransit.org)  
Bus and light rail service in the metro area, including bus schedules and trip assistance.



## I HAVE A QUESTION ABOUT MY UTILITIES

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**Community Action Partnership for Suburban Hennepin (CAPSH):** 952-930-3541  
[www.capsh.org/emergencyassistance](http://www.capsh.org/emergencyassistance)  
Financial assistance for heating expense

**HeatShare (Salvation Army):** 612-767-2700 [www.heatshare-mn.org](http://www.heatshare-mn.org)  
Last resort for financial assistance for heating expense

**Electricity (Xcel):** 1-800-895-4999 [www.xcelenergy.com](http://www.xcelenergy.com)

**Water & Sewer (City of St. Louis Park):** 952-924-2558  
[www.stlouispk.org](http://www.stlouispk.org)

**Cable Television (Comcast):** 1-800-266-2278 [www.comcast.com](http://www.comcast.com)

**Natural Gas (Centerpoint Energy):** 612-372-4727  
[www.centerpointenergy.com](http://www.centerpointenergy.com)

### GOOD TO KNOW

If you smell gas, leave your residence and call 612-372-5050 from another location.



## I NEED PROTECTION FROM VIOLENCE IN MY HOME

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**Police Emergency:** 911

**Police Non-Emergency:** 952-924-2618

**Cornerstone:** 952-884-0330

[www.cornerstonemn.org](http://www.cornerstonemn.org)

Assists victims of domestic violence. The police officer responding to your report will give you information about Cornerstone and other agencies that can help.

**Advo-Care :** 952-993-6670

Information and referrals for women in abusive relationships. Interpreter services are available.

**Sojourner Project:** 952-933-7422

Temporary housing for women and children who do not feel safe in their home due to abuse. Interpreter services are available.

### GOOD TO KNOW

Any agency that helps women and children in abusive relationships will not contact the abuser. If your husband, boyfriend, or another person has hit you or your children in your home and you no longer feel safe in your home, call the above numbers for help. Call 911 if you or your children are in immediate danger!



## I NEED INFORMATION ABOUT VOTING

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**St. Louis Park City Hall:** 952-924-2505

[www.stlouispark.org](http://www.stlouispark.org)

Information about how to register and where to vote. Information is also available for absentee balloting or for special situations on Election Day.

**League of Women Voters Minnesota:** 651-224-5445

[www.lwvmn.org](http://www.lwvmn.org)

Provides assistance in finding your polling place and candidate information on their online Voters Guide.





St Louis Park Public Schools  
*Achieving success, one student at a time.*



LEAGUE OF  
WOMEN VOTERS  
*St. Louis Park*

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